UMBRIA... among truffle, chocolate and ceramics









PERUGIA & CHOCOLATE EXPERIENCE

Start your day with a guided walking tour of Perugia, exploring its rich history and medieval charm. Begin at Piazza IV Novembre, the city's main square, and admire the stunning Fontana Maggiore and the Gothic Palazzo dei Priori, which houses the National Gallery of Umbria (you can visit the gallery if you wish).

Walk along Corso Vannucci, the vibrant main street filled with shops, cafés, and historical buildings. Visit the San Lorenzo Cathedral and explore the surrounding narrow streets, where you'll find local artisan shops and picturesque views over the Umbrian countryside.

Enjoy lunch at a local restaurant, savouring Umbrian specialties.

After lunch, head to Casa del Cioccolato Perugina, located just outside the city centre (about 15 minutes by car).

Take a guided tour of the Perugina Chocolate Museum, where you'll learn about the history of Baci Perugina and the art of chocolate-making in Perugia.

Participate in a chocolate-making class, where you'll learn how to create your own artisanal chocolates under the guidance of expert chocolatiers. You'll also get to taste some delicious samples along the way!



TIPS FROM OUR MANAGER OF OPERATION

Flena's to do list

- Go truffle hunting with local experts and their dogs.
- Stroll through Assisi and explore its medieval charm.
- Taste Sagrantino wine in scenic Montefalco.





ASSISI & SPELLO

Reach the charming Assisi.

Start your visit at the Basilica of St. Francis, a UNESCO World Heritage site and one of Italy's most important pilgrimage destinations. Begin your visit in the Lower Basilica, a Romanesque-style church characterized by its dim lighting and stunning frescoes. Here, you'll find works by Cimabue, Simone Martini, and Pietro Lorenzetti. The highlight is the series of frescoes depicting scenes from the Passion of Christ and the Life of St. Francis. Next, move to the Upper Basilica, a masterpiece of Gothic architecture, with soaring ceilings and vast windows that let in natural light. The Upper Basilica is adorned with the world-renowned fresco cycle by Giotto, depicting 28 scenes from the life of St. Francis. These frescoes are considered some of the greatest works of medieval art and tell the story of the saint's life, from his renunciation of worldly goods to his receiving the stigmata.

After lunch visit Spello, a charming town known for its medieval streets and flower-decked houses. Wander through its quiet streets and visit the Church of Santa Maria Maggiore, famous for its frescoes by Pinturicchio.

Wander through the narrow, cobbled streets and admire the flower-filled balconies!



TRUFFLE HUNTING, COOKING CLASS & TRUFFLE LUNCH

Start your day with a drive to the picturesque Umbrian countryside, where you'll meet your expert local truffle hunter and their trained dogs for a truffle hunting experience.

Join the truffle hunter in the lush forests of this area which are rich in truffles, particularly the famed black truffle. As you walk through the woods, the dogs will sniff out these precious fungi, and your guide will teach you about the different types of truffles, their growing conditions, and the history of truffle hunting in Umbria.

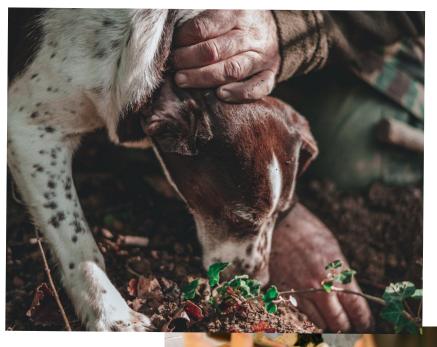
After the truffle hunt, participate in a hands-on cooking

Led by an experienced chef, learn how to prepare classic Umbrian dishes using the fresh truffles you've just gathered, like bruschetta and fresh pasta with truffle sauce!

The chef will also share tips on how to select, store, and use truffles in a variety of dishes.

After the class, sit down to a three-course truffle-focused lunch with your freshly cooked creations. The meal will be paired with local wines, giving you a true farm-to-table experience in the heart of Umbria.





Did you know
that Umbria is
famous for its
black truffles,
often called the
diamonds of the
kitchen?



EXPLORING ORVIETO

Explore Orvieto's Historic Centre

Begin your day with a visit to the magnificent Orvieto Duomo, one of Italy's most beautiful Gothic cathedrals. Its striking facade, decorated with intricate sculptures and mosaics, is must-see.

Inside, explore the breathtaking Chapel of San Brizio, which features a fresco cycle by Luca Signorelli depicting the Last Judgment. These frescoes are considered some of the most significant works of Renaissance art, with vivid colours and dramatic imagery.

After your visit to the cathedral, spend time in the beautiful Piazza del Duomo, a lively square where you can sit at a café, sip a cappuccino, and admire the stunning view of the cathedral.

For a panoramic view of the city and the surrounding countryside, climb the Torre del Moro, a 13th-century tower located in the city centre. From the top, you'll get 360-degree views of Orvieto's rooftops and the rolling Umbrian hills. Stop for lunch at a traditional trattoria in Orvieto.

After lunch, take a short drive to one of the prestigious wineries of the area. Visit a local winery, take a guided tour of the vineyards, learn about the region's winemaking traditions, and visit the cellars where the wines are aged. Enjoy a tasting of local wines, often paired with local delicacies.





DAY TRIP TO GUBBIO & DERUTA

Gubbio is one of Umbria's oldest and most charming medieval towns, nestled on the slopes of Mount Ingino.

Start your visit at the impressive Piazza Grande, Gubbio's main square, offering spectacular views over the town and surrounding valleys. The square is flanked by the imposing Palazzo dei Consoli, an outstanding example of Gothic architecture.

Explore Gubbio's well-preserved medieval streets, wandering through Via dei Consoli with its narrow alleys, stone buildings, and artisan shops. Be sure to visit Fontana dei Matti (Fountain of the Madmen), where tradition says you can become an honorary "madman of Gubbio" by running around the fountain three times!

After lunch, explore Deruta.

Famous for its beautiful majolica ceramics, Deruta has been a centre of ceramic production since the Middle Ages.

Begin your visit at the Museo Regionale della Ceramica (Regional Ceramics Museum), one of the largest ceramic museums in Italy. Here, you can explore the rich history of Deruta's majolica production, with exhibits spanning from medieval to contemporary pieces.

Wander through the town's winding streets and visit some of the local ceramic workshops where artisans continue the centuries-old tradition of hand-painting ceramics. You can watch the entire process of ceramic production, from shaping the clay to painting the intricate designs by hand.







DAY 6 SPOLETO E MONTEFALCO

Spoleto is a beautiful Umbrian town known for its stunning Romanesque architecture, medieval atmosphere, and rich history.

Start your visit at the impressive Rocca Albornoziana, a 14th-century fortress that sits atop a hill overlooking the town. The fortress was built by Cardinal Albornoz to consolidate papal power in the region.

From the fortress, walk to the iconic Ponte delle Torri, a 13th-century aqueduct bridge, one of Spoleto's most recognizable landmarks. Spanning 230 meters across the gorge, it offers stunning views of the surrounding landscape and is perfect for a leisurely stroll or taking photos of the dramatic scenery.

Head down into the heart of Spoleto to visit the beautiful Spoleto Duomo, a Romanesque masterpiece. The cathedral is famous for its stunning facade with a large central rose window and golden mosaic.

Enjoy lunch at a traditional trattoria in Spoleto's historic centre.

In the afternoon drive to Montefalco (30 min from Spoleto), known as the "Balcony of Umbria", offers spectacular views over the rolling vineyards of the Umbrian countryside. It is also the home of the famous Sagrantino wine. Start your visit at Piazza del Comune, Montefalco's picturesque main square, surrounded by charming medieval buildings, cafés, and shops. It's a great place to soak in the tranquil atmosphere of this hilltop town.

Montefalco is famous for its bold Sagrantino wine, a full-bodied red made from the native Sagrantino grape. Spend your afternoon visiting one of the area's renowned wineries, enjoy a guided tour of the vineyard and cellar, learning about the winemaking process specific to the Montefalco Sagrantino DOCG. After the tour, participate in a tasting of Sagrantino di Montefalco, Montefalco Rosso, and other wines produced in the region. The wines are typically paired with local delicacies such as pecorino cheese, salumi, and fresh bread with olive oil.



LAKE TRASIMENO E-BIKE TOUR & LUNCH

Lake Trasimeno is the largest lake in central Italy, offering a serene atmosphere, beautiful landscapes, and charming lakeside villages.

Start your day by picking up your e-bike in the town of Passignano sul Trasimeno, a scenic lakeside village known for its medieval fortress and lovely promenade. After a brief introduction to your e-bike and the route, set off on a guided or self-guided ride around Lake Trasimeno, exploring its natural beauty, olive groves, and quiet villages.

Begin your tour by cycling along the lakefront promenade and through the medieval streets of Passignano. You'll pass the town's iconic Rocca Medievale, offering panoramic views of the lake and surrounding countryside.

Head west to Castiglione del Lago, one of the most picturesque towns on the lake, located on a promontory that juts out into the water. Here, you can explore the Rocca del Leone, a 13th-century fortress, and take in stunning views from its ramparts. The historic centre is perfect for a quick stop, with charming cafés and artisan shops.

At the end of the tour, enjoy a leisurely lunch at one of the lakeside restaurants: many of them offer stunning views of the lake, creating the perfect backdrop for a relaxing meal.





Enjoy Lake
Trasimeno:
Umbria's serene
gem with
breathtaking
views and
timeless charm

UMBRIA.

among truffle, chocolate and ceramics







Discover the hidden treasures of
Umbria on a journey through its
enchanting landscapes and rich
history. From the spiritual serenity
of Assisi to the picturesque shores
of Lake Trasimeno, and the stunning
hilltop towns of Perugia and Orvieto,
each stop offers a taste of Italy's
soul. With Arno Travel, experience
Umbria s timeless beauty, where
every corner reveals a new chapter of
art, culture, and natural wonder.



